

FROM HERO TO VILLAIN

The 'Holy Fire' is a miracle that the Greek orthodox have witnessed every year in Jerusalem on Easter Saturday since AD 810. Their patriarch enters the Holy Sepulcher after hours of prayer and preparation, while the faithful fill the church and many more cram the square outside and surrounding streets.

All the lights are turned off. The belief is that a blue light, not lit by human hand, emanates from within Jesus's tomb, and rises from the marble slab covering the stone bed. The patriarch receives the light and brings it to the faithful. The congregation spends hours in intense prayers and silence. They wait outside until the Holy Fire is seen by everyone. This light then travels to the four corners of the world.

With Palm Sunday, we begin the Holy Week. This week of prayer and penance is for the renewal of our lives which means leaving sin behind and living as Lights with new life at Easter. The readings remind us of the entry of Jesus, on a donkey's back, into Jerusalem while people were singing "Hosanna". This was to fulfill what was prophesied by Zechariah.

"Celebrate incredibly, Daughter Zion! – Yell, Little girl Jerusalem – See, your king comes to you – honorable and victorious – humble and riding on a donkey – on a colt, the foal of a donkey" (Zechariah 9:9). But Jesus' entry is not to a throne in a palace but to the Cross on Calvary.

Pope Francis says that Palm Sunday could be called "bitter sweet". The shouts of "Hosanna" which means "save us" will soon change into shouts, "Crucify him". But the response of Jesus to this shouting is the same. He is neither flattered on Palm Sunday nor furious on Good Friday. A week that begins with celebration and shouts of joy will then move onto another scene where the power of darkness will take charge of Him. The King of kings will be arrested, scourged, crucified and buried.

"I have come as light into the world, so that everyone who believes in me should not remain in the darkness" (Jn. 12: 46). He is the King of all Kings, and yet He was born in Nazareth, a place surprisingly never mentioned in the OT and now He is walking towards the Cross, again a word never mentioned even once in the OT.

Today, we join the crowd who sang "Hosanna". They were those who had been healed, delivered from various possessions, or even raised from the dead to life. We too have been saved by His Blood. May we who were immersed into the life of Jesus in baptism do not leave Him alone after Palm Sunday, but rather keep awake for the Light.



Manoj Kunnath CSsR
Majellan 2020

Gosnells Catholic Parish

Our Lady of the Most Blessed Sacrament Church
Archdiocese of Perth
Western Australia



Parish Priest: Fr Philip Perreau
philip.perreau@perthcatholic.org.au

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Telephone: 9398 2331
Facsimile: 9398 8491

Email: gosnells@perthcatholic.org.au
Website: www.gosnellsparish.org.au

PARISH OFFICE HOURS

Tuesday to Friday 9.00am - 1.30pm

Entry by: 1 Isdell Place, Gosnells

Parish Secretary:

Naomi Newman: 9398 2331
Email: secretary@gosnellsparish.org.au

Catechist Coordinator

Barbara Ingram : 9398 2864

Safeguarding Officers

safeguarding@gosnellsparish.org.au
0432 398 973

SVDP Local Contact

Genevieve De Souza : 9398 5375

5th April, 2020

Palm Sunday
of the Passion of the Lord
Year A

Today's Readings

Isaiah 50:4-7
Philippians 2:6-11
Matthew 26:14-27:66

12th April, 2020

Easter Sunday
Year A

Next Sunday's Readings

Acts 10:34, 37-43
Colossians 3:1-4
John 20:1-9

St Munchin's Catholic Primary School



Principal: Mr Robert Romeo
1 Isdell Place, Gosnells
PO Box 172, Gosnells WA 6990
9234 7555
admin@stmunchins.wa.edu.au

Follow Truth

Sunday Bulletin

Temporary Church Closure

The Federal Government has ordered the closure of all churches to help limit the spread of the Coronavirus. All private prayer, all prayer groups in the Church and all Masses are temporarily suspended until further notice.

Baptisms and confirmations are postponed except in the case of emergencies. Weddings and funerals are allowed under strict conditions, as is Anointing of the Sick. Individual confession is still available by appointment, please contact the office to make an appointment.

Our parish office remains open from 9am-1.30pm Tuesday-Friday for now, and can be reached by email at secretary@gosnellsparish.org.au or by phone on 9398 2331.

The Archdiocese will be offering various suggestions and resources via their webpage www.perthcatholic.org.au or visit <http://liturgy.perthcatholic.org.au> directly for a series of prayer and worship resources for individuals and families to use.

Archbishop Costelloe SDB will be live-streaming Mass every Sunday morning from 11.00am via the following links:

Archdiocese webpage - www.perthcatholic.org.au

Archdiocese Facebook - <https://www.facebook.com/perthcatholic/>

Sunday Mass is also available through 'Mass on Demand' at https://www.youtube.com/channel/UCYRq7AjVimr-hCHFJD_HVaQ and 'Mass for You at Home' at 6.00am every Sunday morning on Channel 10.

Please visit our website for more information and your latest copy of the bulletin www.gosnellsparish.org.au

If you know of anyone that does not have access to the internet and would like a copy of the bulletin, there will be copies available in the parish center foyer for collection during office hours.

It is important that whilst there is no Mass, we remain faithful to our faith in God. Please keep Sunday holy by reading the Scripture Readings for the day and/or praying the Rosary or any other devotion or prayers. We invite you to join us in praying the Rosary in your homes on Sundays at 9.00am. In this way we can be united spiritually in prayer even though we may not be physically together.

Please check the parish website in the near future for details for the Easter Liturgies www.gosnellsparish.org.au

COVID-19 Information And Updates In Your Language

For those of you whose first language is not English or who have family members who can't speak English very well, please share the link below. Reading or listening to information about the Corona virus and COVID-19 disease in your preferred language is always more educational. Please follow the link below and choose your language: <https://www.sbs.com.au/language/coronavirus>

Subscribe to the eRecord

Local news from across our parishes, agencies, schools and organisations can be delivered weekly directly to your inbox via The eRecord. It contains the latest news, events and photos from the Archdiocese. For more information call 9220 5900 or send your details to communications@perthcatholic.org.au



Vinnies

All our stores are closed until further notice. If you still wish to make a donation to help the most vulnerable in our community, please call 13 18 12 or donate online at www.vinnies.org.au/donate

Praying For You



Recently Deceased

Catherine Perreau,
Mary Poole, Thaddeus

Death Anniversary

Elizabeth, George, Daphne Osborne

Deceased

Barbara, Eduardo Cacchioli,
Elizabeth Magness, Patrick Rafferty

Our Sick

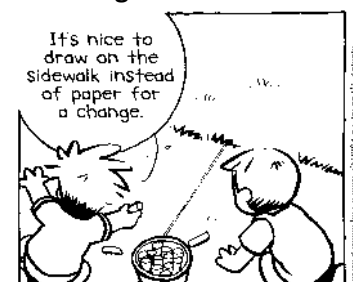
Annabelle McNess, Richard Bisnath,
Wendy Price, Fran Wiffen, Ding Madrigal,
Zee Pereira, John Warui, Metilde Warui,
Con Farano, Hirute Selassie, Peter Cox,
Mary Hazel Calupig, Bill Tucker,
Margaret Evans, Rene Priest,
Erika Magness, Ian Ballantyne,
Mavis Hall, Rose Thomas



Feast Days this Week

Apr 6	Mon	Monday of Holy Week
7	Tue	Tuesday of Holy Week, St John Baptist de la Salle, St Henry Walpole
8	Wed	Wednesday of Holy Week
EASTER TRIDUUM		
9	Thu	MAUNDY THURSDAY
10	Fri	GOOD FRIDAY
11	Sat	HOLY SATURDAY
12	Sun	EASTER SUNDAY

Colouring All Over His Stuff



Kim & Jason by Jason Kotecki
www.KimandJason.com



SVDP Emergency Relief Phone 1300 794 054

Marycare Contact Maureen 9398 7375 Anne 9490 3377



Dominic, 47 is a former teacher and father of six from Papua New Guinea. In 2016, he became involved with the Caritas Australia's Safe House and Family Anonymous programs and turned a difficult life and an unhappy relationship around. The program provides gender-based violence prevention training, counselling services and safe accommodation for women and children survivors of violence. Now a community trainer, he works with other men to help them to change their behaviour and build more harmonious family lives. Dominic and his wife, Christophylda say that their relationship has been transformed – and their family life is now harmonious, happy and safe.



Please donate to Project Compassion 2020 to help support the Safe House project and help bring greater harmony to families in Papua New Guinea. Let's Go Further, Together!

You can still donate through Parish boxes and envelopes. Please see the list below as to how else you may be able to donate during Covid-19 restrictions.

Project Compassion 2020 Archdiocese Of Perth Parish Donations During COVID-19 Restrictions

DONATION METHOD	ACTION REQUIRED
Weekly Project Compassion envelope or donation box	If by cash, either deliver to your parish office or deposit at an NAB branch (see Caritas Australia's banking details below) If by credit card or cheque, either deliver to your parish office or mail to Caritas' Highgate office (see address below)
Project Compassion website	If by credit card: https://lent.caritas.org.au/#blank
EFT	Caritas' banking details: BSB - 086 006, Account No. - 826 198 877 Account name - Caritas Australia WA Project Compassion Reference is Parish Name - Gosnells Parish
Cheque	Either deliver to your parish office or mail to Caritas' Highgate office (see address below)
Cash	Deliver to your parish office or deposit at an NAB branch (see Caritas' banking details above)
Phone	Caritas' Highgate office, Monday to Friday - (08) 9422 7925 Caritas' National Office - 1800 024 413
Mail	If by cheque or credit card: Caritas Australia, 40A Mary Street, HIGHGATE, WA, 6003
In person	If by cash, credit card or cheque: Leave at reception, Catholic Pastoral Centre (CPC), 40A Mary Street, HIGHGATE WA, Monday to Friday, 9:00am-5:00pm, subject to CPC remaining open during COVID-19 emergency.

"My heartfelt thanks to all in your parish community for your continuing help with Project Compassion. Your help for those who most need our help in these difficult times is greatly appreciated. May we all keep safe, and may the love of God in Jesus Christ enfold us." Paul

Deacon Paul Reid, Diocesan Director – Archdiocese of Perth, Community Participation Leader – Western Region/ WA & NT

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Staying Connected, Calm and Thriving

Please choose the ones that will help to sustain you and to keep you connected during this time of uncertainty.

Caring for Self and Others in Times of Trouble

1. **Breathe. Breathe. Breathe** some more. Take time in your day, at any moment, to take ten deep even breaths. Take 5-10 minutes to meditate or practice mindfulness or contemplative prayer. Start here, now, wherever you are.
2. **Ground yourself in the present moment.** Focus your awareness on something real, enduring, or beautiful in your surroundings. Look up often. Discover the wonder and awe that is already here.
3. **Acknowledge your fears, anxieties, concerns.** Write them in your journal. Share them with others. Feel what you feel, honour it, and know that it is not the final word. Pray.
4. **Remember you are not alone.** Ever! You are surrounded by care and support. **Reach out.**
5. Create and sustain community with whoever you may be with at this time. Show up for one another. **Listen compassionately. Practice empathy.** Even while avoiding "close physical contact," message the people you care about. Stand with those most vulnerable and those who suffer the brunt of prejudice and fear. Check in on folks.
6. Call your mother, father, long lost friend, colleagues.
7. Unplug, thoughtfully. While staying aware of developments, **do not let the Corona-chaos govern you**, but forgive yourself when and if it does.
8. **Practice kindness.** There is a temptation in health scares to view others as potential threats. Remember we are in this together. While practicing health guidelines and appropriate caution, remember to engage one another.
9. **Smile when you can.** Bring good deeds and good energy into our world.
10. **Stay healthy** through sleep, diet, exercise. See healing and wellness holistically – mind, body, and spirit. Establish a new routine.
11. **Make art.** Discover, imagine, engage your hopes and fears, the beauty and ugliness of our world. Write, paint, sing, dance, soar.
12. **Practice gratitude.** In the face of crises, make note of the things for which you are grateful: your breath, the particular shade of the sky at dusk – or dawn. The colour blue, the colour green, the gifts and strengths you have, other people in your life, the ability to laugh. A pet.
13. **Connect** with your spiritual, religious, cultural, or other communities. Find strength and solace and power in traditions, texts, rituals, practices, holy times and seasons.
14. **Pray as you are able, silently, through song, in readings, through ancestors.** Remember the long view of history, the rhythms and cycles of nature, the invisible threads that connect us all.
15. **Practice hope.** Trust in the future and our power to endure and persist, to live fully into the goodness that awaits.

Adopted from Alex Levering Kern, Boston

Matthew 8:23-27 Jesus Stills the Storm

And when he got into the boat, his disciples followed him. A windstorm arose on the sea, so great that the boat was being swamped by the waves; but he was asleep. And they went and woke him up, saying, "Lord, save us! We are perishing!" And he said to them, "Why are you afraid, you of little faith?" Then he got up and rebuked the winds and the sea; and there was a dead calm. They were amazed, saying, "What sort of man is this, that even the winds and the sea obey him?"

May the peace of God that passes all understanding guide your minds and hearts in Christ Jesus. Amen



Parish Safeguarding Officers

The Perth Catholic Archdiocese is committed to the safety and security of all children and young people. If you have any safety concerns about a person in the parish or about a child protection or child safety issue, you can discuss it with the Parish Safeguarding Officers. Phone 0432 398 973 or email safeguarding@gosnellsparish.org.au



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