

WE ARE WHAT WE EAT

"You are what you eat" is a phrase used more and more as the world begins to face up to the challenge of global warming. Articles abound about healthy diets, as well as the adjustments that are needed to ensure that the way we produce our food does not damage the delicate ecological balance that is required if we are to avoid future catastrophe.

It is incumbent on all of us to take this seriously and play our part. From the Christian perspective, such concerns might naturally lead us to reflect again on the extraordinary mystery we celebrate in today's feast: the spiritual nourishment the Lord offers us in the gift of himself in the Eucharist.

The Old Testament people were steeped in a history which recognised the gift of food from God. When they were facing starvation, manna fell from heaven. St John recalls that when Jesus was preparing the way for the gift of himself in the form of bread and wine, he stressed that, while the bread he would offer was also coming down from heaven, it was not like the bread their ancestors had eaten.

This gift of bread is not given to keep us alive here on earth, but so that we may live for ever. His listeners were struggling to make sense of what he was saying. Jesus was offering himself: "my flesh is real food and my blood is real drink." And he goes on to spell out what this will mean for us: "He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me." For those of us who believe, here is a wholly new dimension to our understanding that we are what we eat.

St Paul grasped this and wrote compellingly about how we become caught up in the life of God, forming "a single body because we all have a share in this one loaf." The theme of the Body of Christ recurs repeatedly in his letters and provides us with the perfect backdrop for our meditation today.

As we become more aware of the interconnectedness of all creation, so we see the wonder of our being caught up in the divine life because of Christ. He lives in us; we are his adopted brothers and sisters, children of the Father. The Eucharist celebrates this oneness through Christ with each other and indeed with all those who have gone before us. The more aware we become of the dignity this gives us, the more we appreciate what it means to celebrate the Eucharist.

Timothy Buckley, CSSR
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Gosnells Catholic Parish

Our Lady of the Most Blessed Sacrament Church
Archdiocese of Perth
Western Australia



Parish Priest: Fr Philip Perreau
philip.perreau@perthcatholic.org.au

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Postal Address: PO Box 297, Gosnells WA 6990
Telephone: 9398 2331
Facsimile: 9398 8491

Email: gosnells@perthcatholic.org.au
Website: www.gosnellsparish.org.au

PARISH OFFICE HOURS

Tuesday to Friday 9.00am - 1.30pm

Entry by: 1 Isdell Place, Gosnells

Parish Secretary:

Naomi Newman: 9398 2331
Email: secretary@gosnellsparish.org.au

Catechist Coordinator

Barbara Ingram : 9398 2864

Safeguarding Officers

safeguarding@gosnellsparish.org.au
0432 398 973

SVDP Local Contact

Genevieve De Souza : 9398 5375

14th June, 2020

**The Most Holy Body and
Blood of Christ
Year A**

Today's Readings

Deuteronomy 8:2-3, 14-16
1 Corinthians 10:16-17
John 3:16-18

21st June, 2020

**12th Sunday in Ordinary Time
Year A**

Next Sunday's Readings

Jeremiah 20:10-13
Romans 5:12-15
Matthew 10:26-33

St Munchin's Catholic Primary School



Principal: Mr Robert Romeo
1 Isdell Place, Gosnells
PO Box 172, Gosnells WA 6990
9234 7555
admin@stmunchins.wa.edu.au

Follow Truth

Sunday Bulletin

Dear Parishioners,

I am happy to advise that from Saturday, 6th June 2020, 100 people are allowed to attend any liturgy, and as per Government Directives, Priests must ensure that the name and contact details of every person who enters a church for any reason is recorded. These records are to be retained by the parish. *The faithful continue to be dispensed of their obligation to attend Sunday Mass.* We will revert to our original Mass Times.

Parish Masses and Communion Services will be celebrated at the following times:

Parish Liturgies	
Weekend Mass	Saturday 6.00pm Vigil Mass, Sunday 7.30am, Sunday 9.30am
Weekday Mass	Monday 8.00am Communion Service (Mass on Solemnity only) Tuesday 6.00pm Mass - 1st Tuesday Mass of Anointing Wednesday, Thursday & Saturday 8.00am Mass Friday 9.00am Mass
Reconciliation	By appointment only
Buckley Caring Centre	10.00am Mass - Second Thursday of the Month
Juniper Aged Care	11.00am Mass - Third Friday of the Month
Rosary	After weekday Masses
Exposition	Tuesday 5.00-6.00pm with Benediction, Sunday 6.00 - 7.00pm
Divine Will Prayer	Monday 11.00
Charismatic Prayer	Thursday 7.30pm - 9.30pm.
Baptism	Sunday at 11.00am, or by arrangement
Marriage	By appointment - Minimum SIX MONTHS notice for preparation etc

Rosters

As we return to Mass, our current rosters for Greeters, Readers and Commentators will resume as of next week (see below). There is a new roster out for parishioners on our Acolyte and Extraordinary Minister roster for the next six weeks, so please pick up your copy today. There is no new roster for Altar servers but any servers who wish to serve may volunteer for their registered Mass. **Please ensure you are registered with Fr Philip before attending the Mass you are rostered for.**

Rosters for 20/21 June, 2020						
Mass	Greeters	Reader	Commentator	Acolyte	Extraordinary Ministers	Altar Servers
Saturday 6.00pm	Catherine Gibson Theresa Spicer	Richard Serrano	Aya Van Ingen	Lenny Dcruz	Bridget Soh, Sandra Wren	Volunteer
Sunday 7.30am	Jackie Hall Bette Lyra	Jenny Mills	Geoff Mills	Clint Barnes	Diana Chong, Russell Lally	Volunteer
Sunday 9.30am	Brenda Ring Robert Szlezak	Jane Fernandez	Ben Gradisen	Nigel Hayward	Elsie T-Boundy, Evelyn Yozzi	Volunteer
Tellers this week: Chloe Pereira-Smith, Prisca Pereira, Robert Szlezak				Tellers next week: Geoff & Jenny Mills, Cheryl Martin		

Weekend Masses

If you wish to attend any of the Masses listed, please provide the following details:

1. Your Name, Address, Email address, Telephone number.
2. The Names of each other member of the family (including all children) who will be attending with you.

I will be drawing lots to see who will attend the weekend Masses and will advise those selected. You may also indicate that you could attend any Mass or just the morning or evening Masses or any of two or three particular Mass times.

Praying For You



Death Anniversary

John Jordan

Deceased

Kenneth Anthony Ballantyne,
Sr Cliopa OSM

Our Sick

Annabelle McNess, Richard Bisnath,
Wendy Price, Fran Wiffen,
Ding Madrigal, Zee Pereira,
John Warui, Metilde Warui,
Con Farano, Hirute Selassie,
Peter Cox, Mary Hazel Calupig,
Bill Tucker, Margaret Evans,
Rene Priest, Erika Magness,
Ian Ballantyne, Mavis Hall,
Rose Thomas



Feast Days this Week

June 16	Tue	St Richard of Chichester
17	Wed	St Botolph
19	Fri	The Most Sacred Heart of Jesus, St Romuald
20	Sat	The Immaculate Heart of Mary, St Alban, St Julius, St Aaron, The Irish Martyrs

WE CARE

SVDP Emergency Relief Phone 1300 794 054

Marycare Contact Maureen 9398 7375 Anne 9490 3377



Weekend Zoom Mass

The Sunday 9.30am Mass will continue to be live-streamed each week via ZOOM.

Join Zoom Meeting <https://us04web.zoom.us/j/7067419507>

Meeting ID: 706 741 9507

For those familiar with 'One tap mobile': +61861193900,,7067419507# Australia
+61871501149,,7067419507# Australia

Mass will also be available on Facebook <https://www.facebook.com/groups/GosnellsCatholicParish/>

Important Things To Note

1. You must arrive on time. The doors will be closed at the starting time.
2. You must tick off your name from the registered list or provide your name and contact details as required.
3. You will be required to sit on the reserved pews. (This will make cleaning the pews easier after each service.)
4. There is the requirement of social distancing except where members of the same family can sit together.
5. Persons who feel unwell, who have flu/respiratory symptoms, elevated body temperatures or who have been in contact with persons suspected to have, or who have been diagnosed with COVID-19, are not permitted to enter churches.
6. When entering the church grounds from Isdell Place for 8.00am Mass, PLEASE DO NOT PARK in front of the Parish Centre where building works are in progress.

Volunteers Are Needed

We need volunteers to wipe down the pews after Mass and Communion Service. You will need to bring your own gloves. If you can help in these areas, please contact me as soon as possible.

Please pass this information on to other parishioners who may not have email.

Sincerely in Christ, Fr Philip

Email: philip.perreau@perthcatholic.org.au or Telephone: 9398 2331

Archdiocesan Mass

Archbishop Costelloe SDB is still live-streaming Mass every Sunday morning from 11.00am via the following links:

- Archdiocesan Website: www.perthcatholic.org.au
- YouTube: www.youtube.com/catholicarchdioceseofperth
- Facebook: www.facebook.com/perthcatholic

Sunday Mass is also available through 'Mass on Demand' at https://www.youtube.com/channel/UCYRq7AjVimr-hcHFJD_HVaQ and 'Mass for You at Home' at 6.00am every Sunday morning on Channel 10.

Golden Age Club

The next Club Day is in the Parish Centre on Tuesday, 16th June with indoor activities from 9.00am. Enjoy card games, carpet bowls, fellowship. BYO lunch. Bingo is at 12.15pm. For all parishioners 50 years and over.

New members always welcome.



Permanent Part Time Position

The Catholic Archdiocese of Perth has a vacancy for a permanent Part-Time (16 hours per week) Pastoral Worker with the Ministry for Deaf and Hard of Hearing People to assist the Catholic Chaplain. For more information please see the notice board. People who would like to receive the full job description or submit an application should email Barbara Harris at: emmanuelcentre@westnet.com.au. Applications close this Monday, 15th June 2020.

Parish Safeguarding Officers

The Perth Catholic Archdiocese is committed to the safety and security of all children and young people. If you have any safety concerns about a person in the parish or about a child protection or child safety issue, you can discuss it with the Parish Safeguarding Officers. Phone 0432 398 973 or email safeguarding@gosnellsparish.org.au





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Parish Planned Giving Program

The renewal of our Planned Giving Program is held in June each year. This year though, with the Covid-19 restrictions, I am reaching out to you with this notice. First and foremost, I would like to thank you for your financial support in the past. It is because of your continued generosity that we have been able to start the building program for our new offices and the extension of the church foyer. The second collection is for the parish to be able function and meet its day to day demands. I would like to invite you to confirm your commitment and/or join our Planned Giving Program so our parish may continue to operate, function, grow and improve.

Envelope System

For new parishioners and contributors wanting to donate through the envelope system you will need to complete a planned giving commitment card. For all our current contributors who would like to continue with the envelope system, your envelopes are now available to be picked up in the church foyer. If any of your contact details have changed or you would like to change the amount or frequency of contributions, you must complete a Planned Giving Commitment Card, phone or email the parish office.

Direct Debit System

We encourage you to consider making your contribution through our direct debit system. This simplifies the work that is required and also gives greater security of our collections. Direct debit request forms will be available in the church foyer and the parish office and must be completed and signed. Those with direct debit already in place will only need to fill out a new direct debit request form if they want to change the amount or frequency of their donation. We need a signed form as we do not have the authority to change either of these without it.

All planned giving cards and direct debit request forms must be given to Fr Philip or handed into the parish office so they may be entered onto our system. Parish office hours are 9am to 1.30pm Tuesday to Friday.

Once again thank you for your generosity and God bless.

Sincerely,
Fr Philip



New Offices Update

The pad has been laid and the bricks have arrived. Not long now till the walls start going up!



Vinnies COVID-19 Emergency Appeal

COVID-19 has put increased pressure on disadvantaged families who are already struggling to pay the rent, maintain their health and prepare for the winter months. With unemployment in Australia reaching new levels, many families are turning to us for support. Donate to our COVID-19 Emergency Appeal to help Western Australians doing it tough. To make a donation please visit www.vinnieswa.org.au, call 13 18 12 or place a donation in the SVDP Poor Box located in the back of the church.



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A sacred place for all parishioners and former parishioners and their families. Brochures are available in the foyer.

