

A CALMING PRAYER

The Shetland Islands are north of Scotland and just below the Arctic Circle. They are a group of one hundred islands with only sixteen inhabited. There is a daily ferry for travellers, but also private boats for hire.

A retired naval captain used to skipper a boat taking tourists to the islands, and one day his boat had a party crowd of young people. They smirked at the old captain when they saw him saying a prayer before sailing because the day was fine and the weather calm. However, they were not long at sea before they experienced a sudden storm, and the boat began to pitch violently.

The terrified passengers came to the captain and asked him to join them in prayer.

He replied, *"I say my prayers when it's calm and when it's rough I tend to my boat."*

We are all likely to pray for help when storms come our way. However, it is also important to seek God in the quieter moments of life and to build a relationship that takes us through all the seasons of life. We are familiar with prayers of petition in times of need and these are personal where we ask God for certain things in life. There are prayers of intercession when we make requests on behalf of other people. Equally familiar to us are prayers of thanksgiving where we rejoice in what God has done for us.

Prayer is about relationship and God invites us to grow the relationship by spending time with God. Two other forms of prayer are prayers of blessing and adoration where we acknowledge our dependence of God and prayers of praise where we express our love for God.

During our busy lives we can sometimes lose sight of the need to stop, reflect and open our lives to God, so it is helpful to heed the advice of the retired naval captain, and to develop a daily pattern of prayer rather than only turning to prayer in the 'storms of life'. This pattern will help us grow a deeper relationship with God who is ever present but not always engaged.

We have routines for exercise and recreation. We have routines for work and for play. Routines are helpful in that they help us engage in what is essential, but they also help to free us for spontaneity because they create space by taking care of the ordinary things in life. When prayer becomes part of the pattern of the day, we are giving time to nurturing our relationship with God.

As we grow in our relationship, we become more like the disciples who were in awe when Jesus calmed the storm, and they began to recognise more fully the identity of Jesus. May we become more conscious of God's presence by developing daily patterns of prayer.



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Michael A Kelly CSsR
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Gosnells Catholic Parish

Our Lady of the Most Blessed Sacrament Church
Archdiocese of Perth
Western Australia



Parish Priest: Fr Brennan Sia
brennan.sia@perthcatholic.org.au

Address: 175 Corfield St, Gosnells WA 6110
Alternate Entry by: 1 Isdell Place, Gosnells
Postal Address: PO Box 297,
Gosnells WA 6990
Telephone: 9398 2331
Email: gosnells@perthcatholic.org.au
Website: www.gosnellsparish.org.au

PARISH OFFICE HOURS

Tuesday to Friday 9.00am - 1.30pm

Entry by: 1 Isdell Place, Gosnells

Parish Secretary:

Naomi Newman: 9398 2331
Email: secretary@gosnellsparish.org.au

Catechist Coordinator

Gen De Souza: 0408 717 809

Safeguarding Officers

Email: safeguarding@gosnellsparish.org.au
0432 398 973

SVDP Local Contact

Loretta Watson: 0451 794 790

Gosnells Youth

Veronica Ayeni: 0424 812 632
Email: gosnellsyouth@gmail.com

23rd June, 2024

12th Sunday in Ordinary Time

Year B

Green

Today's Readings

Job 38:1, 8-11
2 Corinthians 5:14-17
Mark 4:35-41

30th June, 2024

13th Sunday in Ordinary Time

Year B

Green

Today's Readings

Wisdom 1:13-15, 2:23-24
2 Corinthians 8:7, 9, 13-15
Mark 5:21-43

St Munchin's Catholic Primary School



Principal: Mr Kevin Duffy
1 Isdell Place, Gosnells
PO Box 172, Gosnells WA 6990
9234 7555
admin@stmunchins.wa.edu.au

Follow Truth

Sunday Bulletin

Parish Liturgies	
Weekend Mass	Saturday 6.00pm Vigil Mass, Sunday 7.30am, Sunday 9.30am
Weekday Mass	Monday 8.00am Communion Service (Mass on Solemnity only) Tuesday 6.00pm Mass - (1st Tuesday Mass of Anointing) Wednesday, Thursday & Saturday 8.00am Mass Friday 9.00am Mass
Reconciliation	Saturday 5.00pm - 5.45pm or by appointment
Buckley Caring Centre	10.00am Mass - Second Thursday of the Month
Juniper Aged Care	11.00am Mass - Third Friday of the Month
Rosary	After weekday Masses
Exposition	Tuesday 5.00pm - 6.00pm with Benediction, Sunday 6.00pm - 7.00pm
Charismatic Prayer	Thursday 7.15pm - 9.00pm.
Baptism	Sunday at 11.00am, or by arrangement
Marriage	By appointment - Minimum SIX MONTHS notice for preparation etc

Parish Meetings	
Parish Pastoral Council	Tuesday, 9th July Parish Centre at 6.45pm
Vinnies	Wednesday, 10th July Parish Centre at 7.30pm

Want to support your Parish?

You can now deposit your contribution directly into parish accounts.


First Collection - Supports our Parish Priest, Priests in smaller Parishes or remote Parishes that require assistance.

A/c name: Gosnells Parish - 1st Collection Account, BSB: 086-006, A/c: 705883907, Reference: 1st Collection (your name optional)

Second Collection - Ongoing administration costs, funds for future growth and improvements of the Parish.

A/c name: Gosnells Parish, BSB: 086-006, A/c: 773984777, Reference: 2nd Collection (your name optional)


Praying For You



Recently Deceased
Ann Vernon

Our Sick
Maria Siciliano, Susanne Carroll,
Assunta Wambeck, Owen D'Souza,
Fran Vallis, Pat Simm,
Ammini Jose, John Breag,
Conrad Briggs, Joel Celine,
Dennis Ford, Letecia Niembra,
Wendy Kraft, Cecilia Lee,
Dolly, Elvira Panici-Allen,
Annabelle McNess, Richard Bisnath,
Wendy Price, Fran Wiffen.

Baptised Recently
Hazel Lydie Etiennette
Daughter of Laurent and Rebecca



Feast Days this Week		
June 24	Mon	The nativity of St John the Baptist
27	Thu	St Cyril
28	Fri	St Irenaeus, martyr
29	Sat	Sts Peter and Paul, apostles

Rosters for 22/23 June, 2024						
Mass	Greeters	Reader	Commentator	Acolyte	Extraordinary Ministers	Altar Servers
Saturday 6.00pm	Mercy Burton Rosa Ford	Pam Davies	Kaye Cox	Martin Loh	Faye Mitchell Christy Ravanez	Athena Calupig, Jacob Malou Joshua Manda, Kyle Marquis
Sunday 7.30am	Vilma Lyra Inoka Ratnasekera	Jeanette Pedulla	Chloé Pereira-Smith	Larry Cavallo	Chloe Pereira-Smith Inoka Ratnasekera	Richardson Saw, Rosemary Saw Scott Tido, Caleb Watkins
Sunday 9.30am	Anne Brink Volunteer	Hanna Allen	Silvana Sciorilli	Dan Hewitt	Bec Malagui-Hicks Lorna Mitchell	Carl Borlongan, Florian Christstar Angel Garavillas, John Gilmore Gabino Htoo
Tellers this week: Jim & Anne Brink, Kerry Keys				Tellers next week: Bette Lyra, Clint & Thu Barnes		

Rosters for 29/30 June, 2024						
Mass	Greeters	Reader	Commentator	Acolyte	Extraordinary Ministers	Altar Servers
Saturday 6.00pm	Theresa Spicer Sandra Wren	Angel Donina	Lynette Lieveaux	Martin Loh	Bridget Soh Ludette Van Der Spil	Clinton Matthews, Carl Agus Aydriel Ratnasekera, Jacob Raymond
Sunday 7.30am	Sandra Reid Shania Tido	Inoka Ratnasekera	Ann Ralston	Geoff Mills	Pay Tru Diana Chong	Callie Abogado, Jake Antu Tom Antu, Bionney Bangayan
Sunday 9.30am	Bec & Ciara Malagui-Hicks	Maureen Byrne	Kaye Cox	Phillip Magness	Clarence Pereira Geraldine Pereira	Austin Jacob, James Jacob Liam James, Kripa Jojo Olivia Justin, Aung Kintha

WE CARE

SVDP Emergency Relief Phone 1300 794 054
Marycare Maureen L 0414 937 440 Anne 9490 3377 Maureen B 0411 691 959



St Vincent de Paul

Your Vinnies celebrate their Regional Festival Mass next Sunday 30th June at 9.30am Mass. New Members will be commissioned during Mass, followed by light refreshments and the distribution of Certificates of Appreciation in the Parish Hall. God Bless you for your continued support.



Monday Mass

There will be a 9.00am Mass on Monday June 24th to celebrate the Feast Day of the birth of John the Baptist.

Confirmation Thank You

I would like to thank all who were involved with making our Confirmation celebration such a joyous occasion. We thank Father Vincent Glynn for celebrating the Sacrament of Confirmation for us.

Sincere thanks to our parish catechists Ben Gradisen and Tracey La Vanda; St Munchin's class teachers Danielle Sartorelli and Rita Said for preparing the candidates so well, a special thanks to Maria Bradshaw for coordinating all that needed to be done and Gen De Souza for coordinating the parish candidates. Thank you to St Munchin's Choir and Karen Gonsalves; all those who helped with the church ambience and prayerful support of those confirmed, and of course, the young candidates and their families for their wonderful participation.

Thanks and God bless. Sincerely, Fr Brennan.

Parish Planned Giving Program

Envelopes: If you are currently enrolled in our program, please collect your envelopes from the foyer today. If any of your details have changed or you wish to change the amount or frequency of your pledge, please complete a Planned Giving Card. Those wishing to join the program and contribute regularly to the welfare of the parish are also asked to complete a Card. Cards may be placed in the Collection, left with Fr Brennan, in the Parish Office 'In Box' in the church foyer or left at the Parish Office.

Direct Debit: If you have nominated to contribute via Direct Debit or wish to alter the amount or frequency already deducted, **you are required** to complete a new Direct Debit Request form, available in the foyer, and then return as soon as possible.

We are grateful for the generosity of many new contributors, the support of our long-term members and for all those able to increase their offerings.

Your parish needs your support!

Parish Planned Giving Program 2023-2024

As the financial year draws to a close all parishioners who support the parish through the planned giving program are asked to bring their pledges up to date. Your support is greatly appreciated. New commitments are invited.

CFR Retreat 2024

Save the date Saturday, 27th July 2024. Retreat with Fr Greg Donovan on "This is My Son, The Beloved; Listen to Him" 9am to 3pm at Mary McKillop Centre, York St, South Perth. \$20/per person, includes morning tea (Coffee, Tea & Biscuits). Please BYO Lunch. SPACE IS LIMITED PLEASE REGISTER EARLY. For more info please call: Charles 0413 755 799, Ivan 0428 898 833 or Email Catholicfaithrenewal@gmail.com

Attention New Parishioners: Census Form

We would like to welcome all new parishioners. We would like to encourage you to fill out a census form which can be obtained from the foyer and place it in the box for new forms or hand it to either Fr Philip, the parish office or to one of the parish councillors. We also invite anyone else who have not filled out a census form to please do. It would be good for us as a parish to get to know.

Sincerely, From the Parish Pastoral Council.



Parish Safeguarding Officers

The Perth Catholic Archdiocese is committed to the safety and security of all children and young people. If you have any safety concerns about a person in the parish or about a child protection or child safety issue, you can discuss it with the Parish Safeguarding Officers. Phone 0432 398 973 or email safeguarding@gosnellsparish.org.au



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For information or assistance call

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Manager Cannington Office

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Celebrating 40 years



Golden Age Club



The next Club Day will be in the Parish Centre Tuesday 25th June from 9.00am. BYO lunch. Bingo from 12.15pm. For all parishioners 50 years and over to enjoy card games, carpet bowls, fellowship. New members are always welcome.

Attendance Fee \$2.00. More information from Rose Heald 0418 948 245.

Youth Night

Join us for an exciting Youth Night on Friday 5th July from 7pm to 9pm for all those in high school. Registration is available in the church foyer or alternatively register through email or text. Expect a fantastic time filled with engaging activities, meaningful faith discussions and delightful food. We look forward to seeing you! Please phone/text Veronica on 0424 812 632, or email gosnellsyouth@gmail.com

St Munchin's Enrolments 2025 - 2026

Families interested in securing a Pre Kindy or Kindy place in either 2025 or 2026 are asked to please submit an enrolment form at your earliest convenience. As 2025 will be our fourth year in offering Pre Kindy to our community, positions will be limited - first in, best dressed. We still require a waiting list for Four-Year-Old Kindy, Year 1 and Year 3! Limited Pre Kindy places available... Don't wait to enrol until the year before commencing. Enrol now for 2025, 2026... For enquiries concerning enrolments please contact Sharon Campbell at reception on 9234 7555 or email admin@stmunchins.wa.edu.au



Interested In Volunteering?

St Catherine's House of Hospitality is a retreat and conference centre located at 113 Tyler Street, Tuart Hill. In order to keep the Centre affordable for those who need it, we are reliant on the support of volunteers. We'd love to hear from you if you can offer a few hours a month. Opportunities for volunteering include: hospitality (setting up the dining room and serving in the kitchen); cooking and gardening. You'll join a vibrant community where strong friendships are made. Please ring Sr Elizabeth rsm on 9443 9020 or email stcatherines@westnet.com.au. You are invited to a Social get-together for volunteers on either 1st July or 22nd July at 10.00am at St Catherine's House.

	IN THE FOOTSTEPS OF MARY MACKILLOP	PILGRIMAGE 15th - 26th October 2024	FIND OUT MORE PHONE: (02) 8912 4818 or EMAIL: national.pilgrimage@mmp.org.au LINK: www.marymackillopplace.org.au	
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Safeguarding Induction for All Church Workers

The Australian Catholic Bishops Conference has broadened safeguarding to include adults at risk. ALL church workers (volunteers or paid) are to attend a 1-hour safeguarding induction. A church worker is anyone in the parish in any role – paid or voluntary. If you haven't attended the induction in the last 3 years, please register for the upcoming session. This induction provides an overview of the Safeguarding Policies and Procedures, the role of the Parish Safeguarding Officer, and the importance of Safeguarding within the parish.

To register please visit:

<https://safeguarding.perthcatholic.org.au/training/#induction> or phone 9221 7762.

Available dates and times are on the bulletin board.



Used Stamps Needed

Mary MacKillop International and the Sisters of St Joseph are helping to eliminate poverty and suffering by collecting used stamps from various parishes and selling them to raise funds for community programs in Peru, Timor and Papua New Guinea. Our parish has a box for donations of used stamps.

On The Bulletin Board

Employment opportunities from the Archdiocese of Perth.

Various pilgrimages, retreats, youth events and lots more!

Please have a look on our bulletin board for more information.

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Our Parish Columbarium

A sacred place for all parishioners and former parishioners and their families. Brochures are available in the foyer.

